

# News Letter

## Splash swim.school

### **SEPTEMBER 2009**

We would like to say a BIG welcome back to all our customers and a BIG welcome to all our new customers starting this term.

### **TERM DATES:**

**Start of Term** w/c 7<sup>th</sup> September

**Half Term** 26<sup>th</sup> – 31<sup>st</sup> October (no regular lessons, extra private lessons available)

**End of Term** 20<sup>th</sup> December

### **SPLASH OFFICE:-**

The Splash Teachers are committed to getting the most out of every half hour lesson, to aid this please can we ask you to contact the office where possible if you have a query, or need to inform us of something.

Splash Swim School (UK) Ltd.  
Kerswell, Towsington Lane, Exminster  
EX6 8AY

01392 833075  
zara@splashswim.co.uk  
[www.splashswim.co.uk](http://www.splashswim.co.uk)

### **Office Hours**

**Monday – Friday 9am – 2.45pm**

24 hour answer machine

Payments can now be taken over the phone during office hours.

### **SPONSORED SWIM**

Last term we held a sponsored swim during the lessons, swimmers of all ages had the chance to raise money for Breast Cancer or the Children's Hospice South West. Monies that we have received so far are as follows:

Children's Hospice South West £72.16  
Breast Cancer Campaign £514.60

If you haven't returned your sponsorship money it is not too late!

A big Congratulations to Alex German who was our top fundraiser, raising a total of £100 for Breast Cancer Campaign. Well done Alex who will receive a prize from the Splash Swim Shop for his efforts.

### **BADGES & CERTIFICATES**

Well done to the following who completed the old National Plan Level 12 last term:

Conor Statton  
Robyn Elliott-Ogden  
Bethan Hellier  
Hannah Perry

Well done to the following who completed their distances within their 30 minute lesson:

Hannah Winchester (800m), Emily Baty (800m), Amy Taylor (800m), Jack Simmons (800m), Issy Halpin & Hannah Guest (1000m)

Sorry to anyone we have missed, let us know & we will mention you next Splash News.

Many congratulations to everyone else who gained a badge and certificate last term too.

### **NEW NATIONAL PLAN FOR TEACHING**

This was introduced last term, it is a completely new scheme and the new STAGES do not relate in any way to the old LEVELS. This did seem to provide quite a lot of confusion to both children and parents last term.

We felt it was important for the children to work through the new stages as there were new skills not covered in the old national plan. Some of the new skills proved quite a challenge to the swimmers, however what we did notice was that with practice the swimmers streamlining was showing significant improvement.

If you or your child would like to be tested on the old National Plan Levels, we can still offer this through private lessons. This will be possible whilst the ASA continues to issue them.

If you would like any further information, please see the parent's information folder on the information table.

### **PRIVATE LESSONS HALF TERM**

The following times and days are taking place at the Stable Club during half term.

Monday 26<sup>th</sup> October 2.30 – 7pm, Stable Club, Clyst St Mary

Thursday 29<sup>th</sup> October 2.30 – 7pm, Stable Club, Clyst St Mary

Friday 30<sup>th</sup> October 3.30 – 5pm, St Lukes University Pool, Heavitree/St Leonards, Exeter

Saturday 31<sup>st</sup> October 9-1pm, Stable Club, Clyst St Mary

Lessons are every half an hour.

Private lessons are ideal for rapid progress as they are specific to each individual, boost confidence and work on specific strokes or skills. All Abilities, ages 3 - Adults

Costs: 1:1 £18, 1:2 £12 each, 1:3 £10 each

### **DIVING LESSONS & FUN ACTIVITIES IN HALF TERM**

Friday 30<sup>th</sup> October, St Lukes University Pool, Heavitree/St Leonards, Exeter

3.30 – 4.30pm Diving for all abilities, there will be different groups for different abilities. This is open to anyone in Improver 1 and above. Cost is £10 if booked before 1<sup>st</sup> October, £12 for bookings received afterwards.

4.30pm – 5pm Fun and Games – open to anyone in Beginners and above. A great way to enjoy the half term, 30 minutes of solid fun! Organised fun and games with lots of Splash toys. Cost is £5 if booked before 1<sup>st</sup> October, £6 for bookings received after.

To book: Contact the Splash Office 01392 833075

### **ADVANCED GROUP SWIMMERS**

If any of the Advanced swimmers wish to develop their swimming further, we recommend at this level swimming more than once a week. We are currently offering the second lesson at a reduced rate of £5 per class, if you wish to take this up regularly or occasionally please contact the Office.

If you are interested in doing more training than twice a week and would like to go for a trial with the Development Squad at Exeter City Swimming Club, contact Sarah Linnington to book a trial 01392 660186

### **SWIMMING EQUIPMENT**

If you wish to order some equipment from our internet shop [www.splashswim.co.uk](http://www.splashswim.co.uk) and would prefer us to bring the equipment to your next lesson, please enter the following code and you will not have to pay any postage, that's right absolutely FREE!!:

SPL10

Please let us know in the comments box when, where your next lesson is. Or you can contact the office and purchase an item over the phone.

### **STAFF NEWS:**

We would like to give a warm welcome to Emma who will be teaching on a Friday at St Lukes pool and also Natalie who will be teaching at the Stable Club.

Ian is not able to teach on Fridays this term as previously advertised due to a change in commitments. Zara will be teaching his 4pm Improver 1/1+ and 4.30pm Advanced groups for the term.

## **ADVERTISING/SPONSORS SPACE**

Do you know of a local company that would like to advertise (very reasonable rates) in this space, on our teaching shirts, or on our website?

Or you may like to let us know of yours or your child's recent swimming achievement outside of Splash?

Or you have any second hand swimming equipment for sale, we are happy for you to advertise it here for FREE.

## **SWIMMING HAT REMINDER**

For hygiene reasons and to keep hair out of faces, please can parents ensure that all children in Beginners classes and above come to their lesson with a swimming hat. It is helpful if hats are on before coming onto poolside. Splash sell a wide range of fun and coloured hats, they are all made of silicone and are longer lasting and more comfortable to wear than the latex hats. See the website shop or contact the Splash Office

## **GOGGLES**

As a general rule we do not encourage the use of goggles until a swimmer is swimming with their face in for most of the lesson e.g. upper Beginner/Improver 1 and above. It is important for the children's safety that they learn to be competent without goggles.

Once wearing goggles it is easy for a child to become dependent on wearing them, try to always swim without them for some of the time when you take them swimming.

## **SPLASH INTRODUCE A FRIEND OFFER**

We are currently offering a £5 credit on your account for every family you introduce to Splash when they book a course of lessons. They must give your name at time of booking their lessons with us.

## **REMINDER**

Please can I remind you of the following:-

Swimmers to wait in the changing rooms until the teacher's call them; this will keep the swimmers and the side of the pool safer.

At the Stable Club the space is limited on poolside; those in non swimmers and above need to sign the watching rota at reception (one parent per group per week). There is a large room upstairs for waiting, please respect this area as we are lucky to have use of this area. Private lesson parents need to take it in turn to watch when sharing lessons.

At St Lukes University, watching on poolside is optional, there is a large reception area for waiting if you prefer. If you are watching please keep noise to a minimum and keep your mobile phones turned off.

## **SPLASH POSTERS & LEAFLETS**

If you think your nursery, village hall, doctors surgery, school, club etc would be happy to display a Splash Poster or distribute some leaflets for us we would be very grateful for some help!

During the week commencing 21<sup>st</sup> September we will have a box of leaflets and posters by the information table for St Lukes and at Reception of the Stable Club. Please help yourself! If you do put them up, or distribute them somewhere it would be useful to know where they went for our records.. Many, many thanks in advance.

## **Splash Swim School (UK) Ltd. Office:**

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